

SOLAR COOKER DIRECTIONS:

PUT FOOD INTO DARK POT- or a jar painted black with a lid (loose).

PLACE POT INSIDE OF THE PLASTIC BAG- clear, reusable, high temperature plastic bag (turkey roasting oven bag from store).

PLACE POT ONTO A "POT STAND" ON THE REFLECTOR this can be made from sticks, rope, canning jar ring, wood scraps, etc...

SEAL THE BAG- There should be a layer of hot trapped air surrounding the pot. Tuck the ends of the bag under the pot to seal it or pull the ends through the triangular holes in the reflector.

AIM THE REFLECTOR AT THE SUN - everything is now on the reflector

ADJUST THE FRONT PANEL so that there is a small shadow under it. Lock it in position with a clothespin or place sticks through the small round holes in the "wings".

GO PLAY! You can re-align your cooker every hour, or you can "lead the sun" and point the cooker to where the sun will be in an hour or two. Then leave it alone for the morning or the whole afternoon.

WINDY DAY TIPS:

If it is windy and you can't set up out of the wind, weigh the outside or inside edges of the cooker with rocks. On very windy days, some cooks have "staked" the reflector down to the ground with screwdrivers, chopsticks, tent stakes, or thin bamboo plant stakes, etc. The reflector can be repaired with clear shipping tape or shiny aluminum tape from the hardware store. It'll last for many years this way.